

TAKE THE PLEDGE

TOBACCO-FREE RIDE NJ: CLEAN AIR FOR KIDS IN CARS

Tobacco smoke/vapor can linger and cling to car seats, windows, and fabric for hours.

Cracking the windows or turning on the air system does NOT get rid of secondhand tobacco smoke/vapor.

Opening the window is NOT enough!

Take the pledge at:
TobaccoFreeRidePledge.com



CLEAN AIR FOR KIDS IN CARS

TAKE THE PLEDGE TOBACCO-FREE RIDE NJ: CLEAN AIR FOR KIDS IN CARS

No Amount of Smoke or Vapor is Safe

Smoking/vaping doesn't just hurt the user but it also harms the people around them. Tobacco smoke/vapor contains heavy metals, cancer causing chemicals and toxic gases. Babies and children exposed to secondhand smoke can suffer from SIDS, lung illnesses, ear infections, and asthma attacks.

Pledge to Protect your Family

Go to www.TobaccoFreeRidePledge.com and click **TAKE THE PLEDGE** to ban smoking/vaping in your car and you will receive a Tobacco Free Ride Kit.

Tobacco Free Resources:

- www.QuitForKids.com
- www.NJQuitline.org
- www.TobaccoFreeNJ.com



CLEAN AIR FOR KIDS IN CARS

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